

## Completing Your Training Schedule for Your Dance Course(s) and

### Selecting Courses and Dance Styles

#### Weekly Lessons

On the 3<sup>rd</sup> page of this document, please record your **weekly scheduled** dance classes. Include the day of the week, the level and style of dance, and the start and end time of the lesson. For example, a sample dance schedule is shown below:

##### Monday

- Sr. Jazz 3:30 – 4:30
- Intermediate Ballet 4:45 – 5:45

##### Tuesday

- Stretch and Strength 3:30 – 4:30
- Sr. Acro 5:00 – 5:45

##### Thursday

- Intermediate Lyrical 4:00 – 5:00
- Gr. 5 Tap 5:45 – 6:45
- Musical Theatre 7:00 – 8:00

##### Friday

- Scene Study 3:30 – 4:30
- Modern 4:45 – 5:45

##### Saturday

- Solos 3 hours (time varies)

#### Authentic Performances

If you are going to be performing in any festivals, competitions, master classes, or public performances throughout the year, you need to list those. While you may not know the exact date of the performances, simply list the month the performance is expected to happen and the name of the activity. (e.g. Kiwanis Festival – March, Year-end Dance show June)

#### Verification

Your schedule must be verified by a studio staff member, which means they must sign and date it indicating it is accurate at the time of the signature. That schedule will be an important factor in determining how many performing arts courses you are eligible to take this year, so it is important that it is accurate.

## Dance Foundations and Dance Technique and Performance – Style Selection

You are required to have **2 hours per week** of studio instruction for either Dance Foundations or for Dance Technique and Performance.

You will select **which styles** of dance you want to use for each course. The styles you identify will be used by your dance teacher(s) when assessing your skills, attitudes and overall growth in your dance for that course. Regardless of the style(s) you select, you are free to do assignments in the course using any style.

- Look at your completed dance schedule.
  - If you have **2 hours** a week, you are eligible to take 1 dance course – **either** Dance Foundations **or** Dance Technique and Performance
    - Identify which course you want to take and record the style(s) of dance you will be using for that course on the form on the **4<sup>th</sup> page**.
  - If you have **4 or more hours** a week, you are eligible to take **both** Dance Foundations and Dance Technique and Performance. You might decide to just take one, and that is okay.
    - Identify which course(s) you want to take and record the style(s) of dance you will be using for that course on the form on the **4<sup>th</sup> page**.

## Dance Company

You must be dancing with a **group of students** for **competition** or **entertainment**. If your studio has an Ensemble group or a Competitive Team or a Dance Company, which you are a part of, you will be eligible for this course. Your schedule should identify any classes that are specifically for that group. It should also clearly identify any **performances** or **competitions** scheduled for the season. Generally speaking, if you have a minimum of 5 group events (shows, festivals, etc.) throughout the season, you will be eligible.

Your dance teachers will assess your skills, attitudes and growth, in **all the styles** used during the group's dance season for competition and/or public performances.



## Dance Course Selection and Dance Style Identification

**Student's Name:** \_\_\_\_\_

**Studio Name:** \_\_\_\_\_

**Studio Contact:** \_\_\_\_\_

**Studio Contact's Email:** \_\_\_\_\_

**Studio Contact's Phone Number:** \_\_\_\_\_

Sign up for the dance courses you want to take related to your studio dancing by completing the table below. Only complete the row for the course(s) you want to enroll in.

Course	Grade Level (10, 11 or 12)	Minimum of 60 Hours of Dance In the following Style(s)...	Student Signature	Parent Signature
Dance Foundations				
Dance Technique & Performance				
Dance Company		all styles used in dance competition and/or performance by dance group		

**Note:** 2 hours of studio instruction per week will give the student the minimum 60 hours required for Dance Foundations or Dance Technique and Performance. You will upload the **signed calendar** and **this course selection page** into Moodle for **each** of the courses you signed up for in the table above.